

SUPPORT TO ACHIEVE YOUR BEST

This service offers you and your family support with any work or personal issue, including short-term professional counselling and connecting you to local resources to help you manage emotional, practical or physical needs.

THE SERVICE:

- is free - no cost to you
- is confidential
- is available in your language
- is available 24 hours a day, 7 days a week, 365 days a year
- can be accessed in multiple ways



FREEPHONE:

See next page for Country specific contacts



DIRECT DIAL:

See next page for Country specific contacts
Dial us direct and we will return your call.



EMAIL:

support@resourcesforyourlife.com



WEBSITE:

<https://www.resourcesforliving.com>

USERNAME: Laitram

PASSWORD: eap



SMS TEXTING:

Global: +44 790 934 1229

Canada: +1 647 624 2840

Standard text messaging rates may apply. When emailing or texting, please include your name, your company, your country location, and the phone number where you can be reached.



iCONNECTYOU

Download the app from the App Store (iOS) or Google Play (Android) and register using

COMPANY PASSCODE:

See next page for country specific codes



Aetna Resources For LivingSM

EMPLOYEE ASSISTANCE PROGRAMME

Employee support is provided by Aetna Resources for Living. The organisation is staffed by professionals who are completely independent of your employer. They are bound by professional standards regarding confidentiality, and do not disclose details of individuals who have contacted the service. Any information you share is at your discretion and will not be shared with your employer.



Laitram/Aetna Resources For Living - International			
Country	EAP TFN	EAP DID	iCY Code
Argentina	0800 666 3495	+54 11 5219 8862	194056
Australia	1 800 730 931	+61 2 8046 6416	194057
Belgium	0800 819 05	+32 2 700 6351	194058
Brazil	0 800 591 8055	+55 11350 07922	194059
Canada	877 847 4525	+1 416 956 2979	194060
Chile	800 914 352	+54 11 5219 8862	194061
China	400 920 3300	+86 21 6577 3898	194062
Czech Republic	800 701 384	+420 239 018 289	194063
Denmark	806 09 317	+45 4331 0402	194064
Ecuador	1800 00 1353	+54 11 5219 8862	194065
France	0800 914 821	+33 1 84 88 31 87	194066
Germany	0800 723 7177	+49 322 2109 5114	194067
India	000800 100 9445	+91 80 6608 0031	194068
Ireland	1800 490 390	+44 20 8987 6230	194069
Italy	800 727 463	+39 02 8710 3897	194070
Japan	0800 222 1990	+81 36866 2815	194071
South Korea	00 308 13 2096	+82 70 4732 0469	194078
Mexico	800 681 1529	+52 55 8526 4935	194072
Netherlands	0 800 022 2285	+31 20 703 8360	194073
New Zealand	050 885 8138	+65 6692 0848	194074
Peru	0800 770 28	+54 11 5219 8862	194075
Poland	0 0 800 141 0101	+48 22 292 2700	194076
South Africa	0 800 981 216	+27 875 502 320	194077
Spain	900 838 416	+34 918 368 897	194079
Sweden	020 980 730	+46 7 7575 7455	194080
Thailand	001 800 13 203 7379	+66 2 105 6145	194081
Turkey	00 800 8529 8751	+90 850 390 2141	194082
United Kingdom	0800 243 458	+44 20 8987 6230	194083
Vietnam	12 102 0026 , 120 32 520 & 122 80 724	+84 284 458 2345	194084