

Intralox Health & Wellness Center @ Sparrows Point



Prevention

Health Screenings

- Annual exams
- Blood pressure
- Body mass index
- Cholesterol
- Glucose
- School, camp and sports physicals

Health Coaching

- Nutrition
- Physical activity
- Tobacco cessation
- Stress management
- Weight loss

Chronic Condition

- Coaching
- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart health
- Low back pain
- Sleep apnea
- Educational offerings



Sick Visits

- Bronchitis
- Common cold
- Constipation
- Cough
- Diarrhea
- Eye infections
- Headache
- Joint pain
- Nausea and vomiting
- Nosebleed
- Sinus infections
- Skin infections
- Strep throat



Lab Services

Blood work and lab tests processed at the center include hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation, and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.

Privacy

The care you receive by Marathon Health is confidential and protected by state and federal law.

Eligibility and Cost

All employees on the health plan are eligible. Employees not on the health plan can access the health center for \$20 per visit. Spouses and dependents (ages 3+) on the company health plan are also eligible.

Location and Hours

Intralox Health and Wellness Center @ Sparrows Point

1900 Finishing Mill Road Suite 104
Edgemere, MD 21219
443-266-2556

Mon & Wed 7:30am-3:00pm, Fri 7:00am-12:00pm, Tues & Thurs Closed

Schedule Today



Scan the code, call 443-266-2556 or visit the Marathon Health portal: my.marathon-health.com

